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# Investing in Healthcare: breaking down the silos

Brussels, 16 October 2013

**With the endorsement of the Lithuanian Presidency of the Council of the EU  
In partnership with the European Economic and Social Committee  
Co-chaired by Antonyia Parvanova MEP & Gianni Pittella, Vice-President, EP**



**Investing in Healthcare: breaking down the silos**

## Daiga Behmane

**FfW National Project Leader for Latvia**

**“The Latvian Government approach to RMDs and the Latvian National Development plan 2014-2020 to address RMDs”**

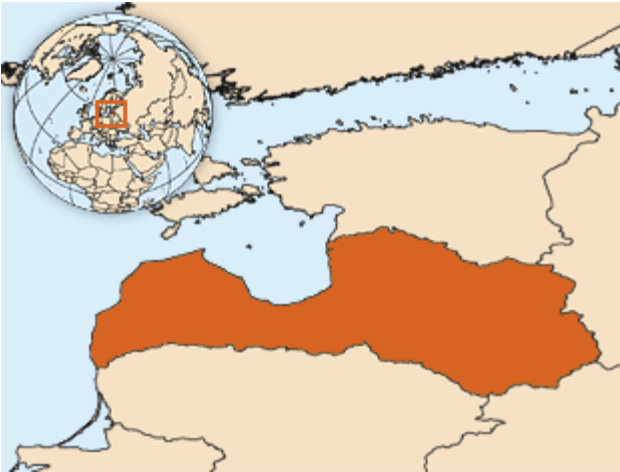


# Outline of the presentation



- The situation in Latvia on RMDs
- The Latvian National Development plan 2014-2020 to address RMDs
- Involvement and responsibilities of institutions to
- Application of HTA considering work ability as a clinical outcome
- Future challenges and future solutions

# Latvia, country profile



Total population	<b>2,060,000</b>
Gross national income per capita (PPP \$)	<b>17,700</b>
Life expectancy at birth m/f (years)	<b>69/78</b>
Healthy life years m/f (years)	<b>53,5 / 56,5</b>
Total expenditure on health per capita (Intl \$)	<b>1,179</b>
Total expenditure on health as % of GDP	<b>6.2 %</b>
General government expenditure as % of THE	<b>58 %</b>

Source: [Global Health Observatory](#), data for year 2011

# Healthy life years at birth, males, 2008-2011 (years)

EU-27: 61.8 years for men / 62.2 years for women

Latvia: 53.5 years for men / 56.5 years for women

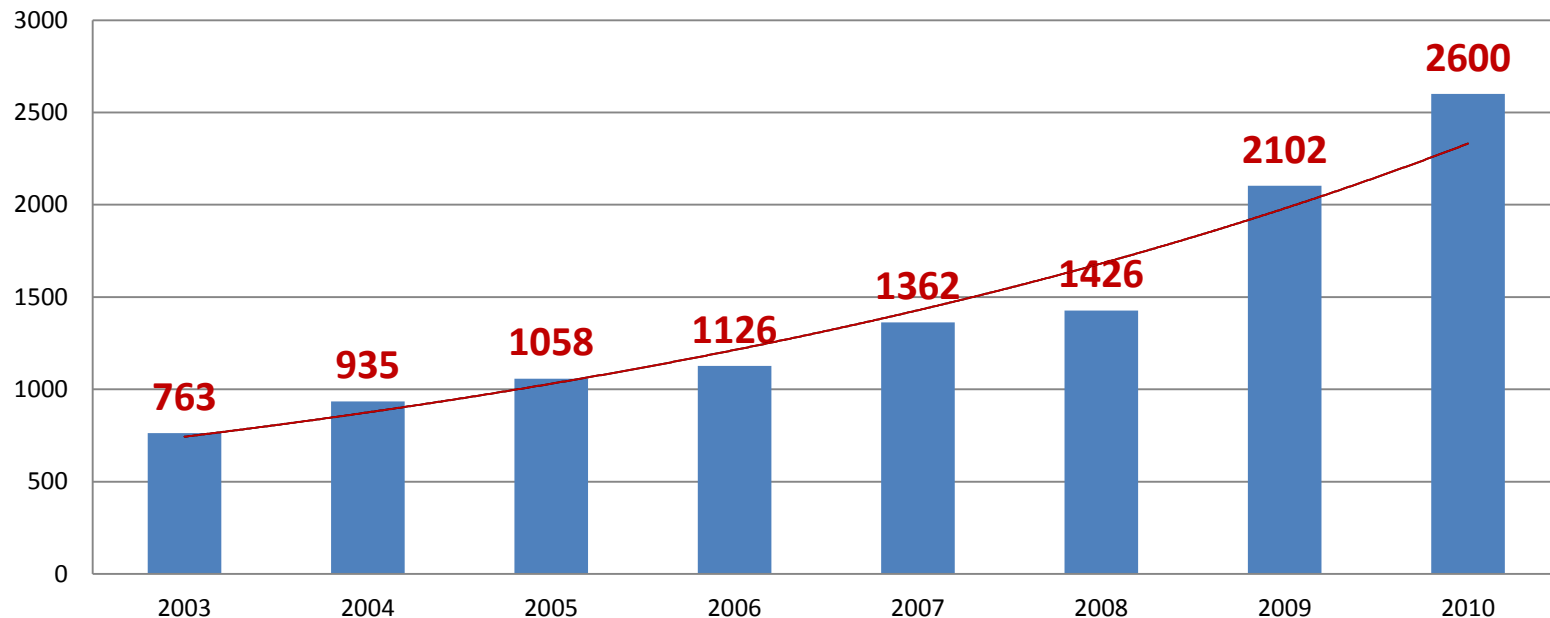
The retirement age will be raised till 65 in 2015 !!!



(1) 2011, provisional  
(2) 2010, break in the serie  
Source: Eurostat (online data code: hlth\_hlye)

MSDs: affect 100 million people in Europe and is the leading cause of disability among working-age population

**Incidence of primary disability due to MSDs, Latvia, 2003.-2010.**



FFW LV launch event on March 28, 2012, Fit for Work Latvia Coalition: politicians, doctors, patients, employers, HC managers, signed “Good Will Memorandum”



# Fit for Work LV project structure



F4W LV National Coalition  
Patron – Karlis Sadurskis, EU PM  
Lead by Daiga Behmane

1st Task Force group  
Prioritization of MSDs  
Need for cross-budgeting approach

2nd Task Force Group  
Create National Arthritis program

3rd Task Force Group  
Create no inflammatory MSDs prevention and reduction program

Main target: Change the National policy – prioritization of MSDs and workability concept

Main target: Set New Standards of Care (diagnostics, care, rehabilitation) and decrease disability related to MSDs

Main Target: Set New standards of Care and decrease “sick leaves” days and disability related to MSDs

National MSDs Plan  
Supervised by the  
National Coalition

2012 March

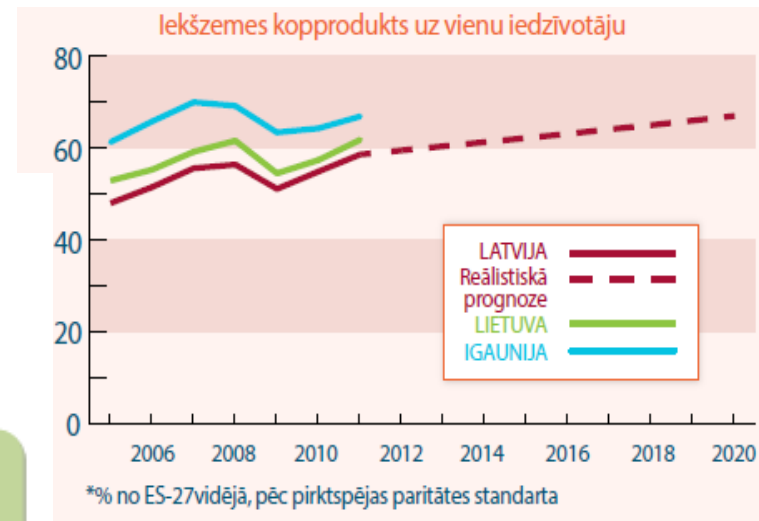
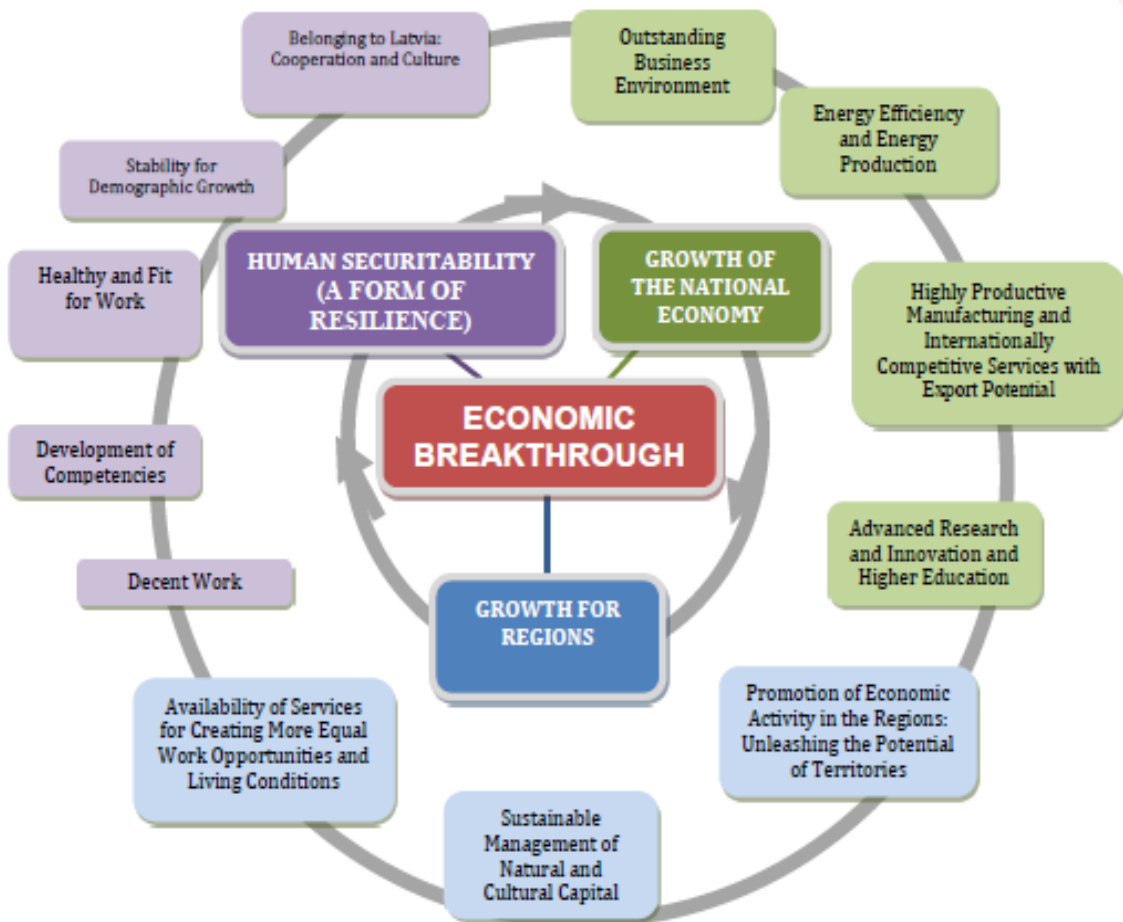
2013 December



# The National Development Plan of Latvia, 2014 - 2020

Guiding principle : “economic breakthrough”

Incorporates FfW Coalition suggestion: Healthy and Fit for Work activity: early detection and treatment of MSDs



Forecasts for GDP per capita growth  
In comparison with EU-27 , Lithuania and  
Estonia (%)

# Prioritization of MSD's in the *NDP, 2014-2020*

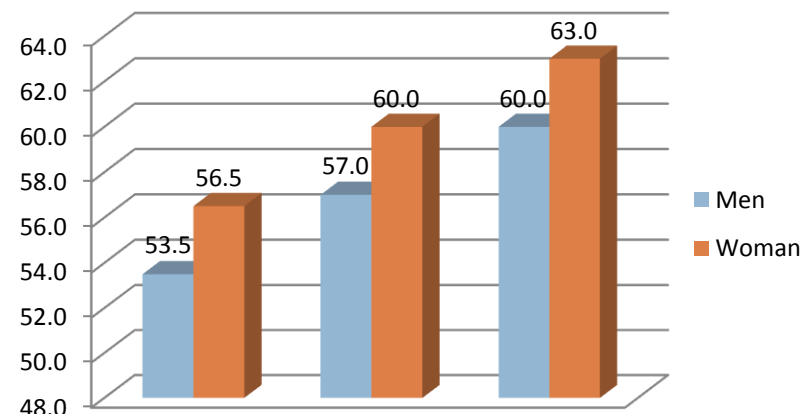


Activities for health sector include:

Introduction of concepts of "workability" and "healthy life years"

- Activities on early diagnostics, care and rehabilitation of non-communicable diseases, incl. MSDs
- **Support for National MSDs programme:**
  - Indicators for MSDs and treatment effect monitoring
  - New standards of care,
  - Guidelines for primary care doctors and general practitioners,
  - Patient flow chart for MSDs patients (primary , secondary care , rehabilitation)
  - Diagnostics, care and rehabilitation program and service package
  - Arthritis patient registry
  - Re-integration in work program for people with MSD's
  - Cost of MSDs Economic model

Healthy life years, LV  
2010, 2020, 2030



# Fit for Work LV Coalition proposals to HC decision makers:



- **Work ability concept** in HTA
- **Productivity costs** should be included **in HTA**
- Despite the overall acceptance of the concept, there is restricted evidence of **the methodological and practical application of the approach**
- Other **complementary elements**: scientific approach to disease management , application of health economic methods for HC planning , development of data information systems e.t.c
- Further research on factors facilitating the use of workability in health care decision-making should be developed

# FfW Coalition: Development of “Workability concept” from theory to practice from Government to NGOs – involvement and responsibilities



## 1. Political commitment

Parliament  
Government  
Ministries of Health, Welfare, Finance

- Political strategy
- the National Development Plan, National MSDs Plan
- Investment policy

## 2. Methodology

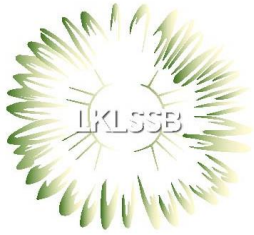
Government  
Ministries of Health, Welfare, Finance  
National Health Service, Riga Stradins University  
Latvian Association of Health Economics

- Guidelines for economic evaluation
- Chronic disease management approach
- Societal perspective (productivity costs) in HTA
- Avoidance of “silo-budgeting “ approach

## 3. Implementation

National Health Service  
**Disease Prevention and Control Centre - WGroup**

- Responsible institution
- Technical skills to do HTA
- Data availability



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